

# 科学灭菌 无菌护航 开放“供”赢

第十届“世界灭菌科学日 消毒供应中心开放日”活动

Scientific Sterilization · Ensuring Safety · Open CSSD, Shared Excellence

10th International Day of Sterilisation Sciences: CSSD Open Day Event

主办单位：四川省第一退役军人医院

Organized by:

The First Veterans Hospital of Sichuan Province

协办单位：成都市消毒供应医疗质量控制中心

成都市消毒协会

四川天府新区医学交流促进会消毒供应专业委员会

中国卫生监督协会消毒与感染控制专业委员会

基层医疗机构消毒供应工作组

Supported by:

Chengdu CSSD Quality Control Center

Chengdu Disinfection Association

CSSD Professional Committee of the Sichuan Tianfu New Area Medical Exchange Promotion Association

Sterilization and Infection Control Professional Committee of the China Health Inspection Association

CSSD Working Group for Primary Healthcare Institutions

投稿 | 四川省第一退役军人医院消毒供应中心护士长 吴应琴

Submitted by Wu Yingqin from the First Veterans Hospital of Sichuan Province



为响应 WFHSS（世界医院灭菌科学联盟）的号召，践行中华护理学会消毒供应专业委员会“精专业、优质量、智未来”的发展理念，深化临床科室对消毒供应中心工作的理解，构建更加紧密的协作桥梁，共同守护患者安全，2026年4月9日，四川省第一退役军人医院消毒供应中心以“科学灭菌·无菌护航·开放供赢”为主题，成功举办了一场内容丰富、形式生动的开放日活动。本次活动特别邀请了各临床科室护士长、总务护士及相关职能部门负责人、院领导，共话“无菌”蓝图。

In response to the initiative of the World Federation for Hospital Sterilisation Sciences (WFHSS) and in line with the vision of the Sterile Supply Committee of the Chinese Nursing Association

—professional excellence, quality improvement, and innovation — the CSSD of The First Veterans Hospital of Sichuan Province hosted an Open Day event on April 9, 2026 under the theme “Scientific Sterilization · Ensuring Safety · Open CSSD, Shared Excellence.” The event aimed to deepen clinical understanding of CSSD operations and strengthen collaboration across departments in support of patient safety. Head nurses from clinical departments, general duty nurses, department leaders, and hospital administrators were invited to take part in the program.



签到打卡，开启探秘之旅

### Sign-in Session

活动伊始，各临床科室护士长与总务护士们陆续抵达，在精心设计的主题背景下拍照打卡，合影留念。轻松而富有仪式感的签到环节，为此次“消毒供应中心探秘之旅”拉开了序幕。

At the start of the event, participants gathered for registration and group photos. The event began in a well-organized manner.



本次开放日活动由消毒供应中心护士长吴应琴主持，吴护士长就此次开放日活动的目的及意义进行了详细的阐述，同时，也对前来参加本次开放日活动的领导、嘉宾及老师们表示了热烈的欢迎和衷心的感谢！

The session was hosted by Wu Yingqin, Head Nurse of the CSSD, who introduced the purpose of the Open Day event and extended a warm welcome to all attendees.



### 领导致辞，凝聚共识

#### Opening Speeches

龚明景副院长在开幕式上致辞，龚院长强调：消毒供应中心是医院的“心脏”和“肝脏”，其工作质量直接关系到每一位患者的安危，希望临床科室以此次开放日活动为契机，明确“灭菌合格是医疗安全的底线”，同时无菌物品全流程规范管理更是守护医疗安全的最后一道防线，进一步强化感控意识，实现“开放共赢”。

At the opening ceremony, Vice President Gong Mingjing highlighted the critical role of the CSSD in ensuring patient safety. He noted that the sterilization quality directly impacts clinical outcomes and emphasized the importance of standardized management across the entire lifecycle of sterile items. He encouraged clinical teams to use this event as an opportunity to strengthen awareness of infection prevention and to work more closely with the CSSD to support safe and effective care.



护理部熊艳君主任提出：此次开放日活动，核心目的三个词：透明、理解、共进。透明源于科学，理解基于专业，共进赢得未来。WFHSS 号召全球医院打开消毒供应中心的大门，把大家请进来，就是为了打破临床科室与消毒供应中心之间的壁垒，希望通过“零距离”的观摩和“沉浸式”的体验，让大家最终实现“沟通—理解—协作—共赢”的新型合作模式。

Xiong Yanjun, Director of the Nursing Department, highlighted three key aims of the event: transparency, understanding, and collaboration. She noted that opening the CSSD to clinical staff helps break down barriers between departments and encourages closer, more effective collaboration.



### 科普讲堂：无菌物品全流程规范化管理深入人心

#### **Educational Session: Standardized Management of Sterile Items**

消毒供应中心无菌物品存放区组长王颖老师从无菌物品存放环境的管理、无菌包的卸载、储存、发放等全流程规范化管理等方面做了精彩的科普宣讲，在场的老师们都受益匪浅、收获颇丰。

Wang Ying, team leader of the sterile storage area, delivered a session on the standardized management of sterile items. The presentation covered environmental control, unloading procedures, storage practices, and distribution processes. The session provided practical insights into routine operations and helped participants better understand the importance of consistency in sterile supply management.



### 筑牢无菌防线，护航患者安全

#### **Ensuring Sterile Safety to Support Patient Care**

医院感染管理部何彩虹部长针对在无菌物品下送过程中存在的问题，进行了强调和提出了期许。何部长从专业的角度，阐述了消毒供应中心无菌包物理、化学、生物监测三道防线，又从日常监管中存在的问题方面，呼吁所有接触无菌包的各位工作人员务必以严格的标准、负责任的态度、最科学的方法，守护好每一件无菌物品，护航每一位患者的安全。

He Caihong, Director of the Infection Control Department, addressed common issues in the distribution and transportation of sterile items and emphasized the importance of strict compliance with protocols. She outlined the role of physical, chemical, and biological monitoring in ensuring sterilization quality, and called on all staff involved in handling sterile items to maintain high standards and a strong sense of responsibility in daily practice.



### 沉浸式体验--穿上铠甲，擦亮双眼

#### **Immersive Experience: Inside the CSSD**

本次活动，特别设置了沉浸式体验环节，参与者穿上防护服，亲自感受 CSSD 去污区工作人员每日防护穿戴流程，理解职业防护的重要性与不易。也让参与者使用光源放大镜，亲自检查器械的清洁度与完好性，理解“火眼金睛”背后的严谨与细致。

Participants put on protective equipment and observed routine procedures in the decontamination area, gaining a clearer understanding of occupational safety requirements. They also used illuminated magnifiers to check instrument cleanliness and integrity, experiencing the precision required in quality control.



### 走进“无菌成品仓”，探秘安全“守门员”

#### **Inside the Sterile Storage Area**

参观团队进入灭菌区，了解灭菌原理及规范；随后进入无菌物品存放区，这里，环境管理严格，存放架摆放规范，每一包合格无菌物品都整装待发，每一次规范的储存与发放，都是对患者安全的郑重承诺。

The tour then moved into the sterilization area, where participants learned about sterilization principles and operational standards, before continuing to the sterile storage area. There, they saw how environmental conditions are maintained, how items are stored and organized, and how distribution is managed—ensuring sterile supplies are safe and ready for use.



### 结束语

### Conclusion

科学灭菌，我们义不容辞；无菌护航，我们责无旁贷；开放供赢，我们携手共进！感谢各位护士长及总务护士百忙之中抽出时间走进消毒供应中心这个“幕后”世界，这里没有鲜花和掌声，只有恒温恒湿环境里的默默坚守。“科学灭菌”是底气，“无菌护航”是誓言，“开放供赢”是胸怀，让我们通过此次开放日活动，因为了解，所以信任，因为信任，同心同行，共同为患者安全保驾护航。

The Open Day provided an opportunity for clinical and support teams to better understand CSSD operations and to strengthen collaboration across departments. By encouraging transparency and open communication, the event helped build greater trust and alignment in support of patient safety. Looking ahead, the CSSD will continue to strengthen its practices and support clinical care through consistent standards, professional expertise, and close collaboration.



## 医院简介

### Hospital Overview

四川省第一退役军人医院始建于1951年，隶属于四川省退役军人事务厅，是一所集“休养、医疗、康复、养老”于一体的国家三级综合性优抚医院，是全国集中供养残疾军人最多、平均年龄最大、伤残最重的优抚事业单位，是省、市、区三级爱国主义教育基地和省级国防教育基地，也是国家级重点文物保护单位，实行“四川省革命伤残军人休养院、四川省第一退役军人医院、四川省第一荣军优抚医院”一套班子、三块牌子的管理模式。医院占地面积300余亩，开放床位596张，设有36个业务科室及60个诊疗专业，拥有先进的医疗设备和出色的专家团队，为周边群众提供诊疗、康复、预防保健等优质服务。

Founded in 1951, The First Veterans Hospital of Sichuan Province is affiliated with the Sichuan Provincial Department of Veterans Affairs. It is a tertiary general hospital integrating convalescence, medical care, rehabilitation, and long-term care services. The hospital serves as a major institution for the centralized care of disabled veterans in China, caring for patients with complex conditions, advanced age, and significant disabilities. It is also designated as a provincial, municipal, and district-level base for patriotic education, as well as a provincial education base for national defense, and is recognized as a nationally protected cultural heritage site. The institution operates under a unified administrative structure with three designations: Sichuan Province Revolutionary Disabled Armyman Rehab, The First Veterans Hospital of Sichuan Province, and Sichuan First Honorary Veterans Hospital. The hospital covers an area of over 300 acres and provides 596 inpatient beds. It comprises 36 clinical and support departments and offers more than 60 specialized services. Equipped with advanced medical technologies and supported by an experienced clinical team, the hospital delivers comprehensive services including diagnosis, treatment, rehabilitation, and preventive care to the surrounding community.

消毒供应中心始建于1951年，于2006年完成重建，占地面积440平方米，区域划分明确，布局合理，符合规范要求。科室归属于护理部管理，承担全院各科室及对外服务医疗机构重复使用医疗器械、器具和物品的回收、分类、清洗、消毒、干燥、检查保养、包装、灭菌、储存、发放等工作。科室拥有水处理系统1套、多功能清洗站1套、内镜清洗工作站1套、全自动清洗消毒机2台、脉动真空清洗消毒机1台、超声波清洗机1台、ATP荧光监测1台、绝缘检测仪1台、脉动真空灭菌器1台、过氧化氢低温等离子体灭菌器2台、快速生物阅读器1台等先进设备。

The CSSD was established in 1951 and rebuilt in 2006. It occupies approximately 440 square meters and features a well-defined functional layout that meets current standards. Managed by the Nursing Department, the CSSD is responsible for the reprocessing of reusable medical devices for both in-house departments and external healthcare facilities. Its working procedures include collection, sorting, cleaning, disinfection, drying, inspection and maintenance, packaging, sterilization, storage, and distribution. The department is equipped with a range of advanced systems and devices, including a water treatment system, a multifunctional cleaning workstation, an endoscope reprocessing unit, two automated washer-disinfectors, a vacuum washer-disinfector, an ultrasonic cleaner, an ATP handheld, an insulation tester, a pulse vacuum steam sterilizer, two hydrogen peroxide plasma low-temperature sterilizers, and a rapid biological reader.