

科学灭菌守初心 开放共鉴护安全

Staying True to Scientific Sterilization, Advancing Safety Through Openness

成都市龙泉驿区第一人民医院成功举办第十届消供灭菌开放日

The 10th International Day of Sterilisation Sciences CSSD Open Day Event

successfully launched at the First People's Hospital of Longquanyi District Chengdu

稿件来源：成都市龙泉驿区第一人民医院 赵春、曾燕、练洁

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District Chengdu

2026年4月14日，为积极响应世界灭菌科学联盟（WFHSS）的号召，由成都市龙泉驿区第一人民医院（四川大学华西医院龙泉医院）与成都市龙泉驿区消毒供应医疗质量控制中心联合主办，成都市消毒供应医疗质量控制中心、成都市消毒协会、四川天府新区医学交流促进会消毒供应专业委员会、中国卫生监督协会消毒与感染控制专业委员会、基层医疗机构消毒供应工作组共同协办的第十届世界科学灭菌日暨消供开放日活动，在成都市龙泉驿区第一人民医院消毒供应中心拉开帷幕。

On April 14, 2026, in response to the initiative of the World Federation for Hospital Sterilisation Sciences, the 10th International Day of Sterilisation Sciences and CSSD Open Day was successfully held at the First People's Hospital of Longquanyi District Chengdu. The event was jointly organized by the First People's Hospital of Longquanyi District Chengdu and the Chengdu Longquanyi District Sterile Supply Medical Quality Control Center, with support from the Chengdu CSSD Medical Quality Control Center, Chengdu Disinfection Association, CSSD Professional Committee of Sichuan Tianfu New Area Medical Exchange and Promotion Association, and CSSD Working Group for Primary Healthcare Institutions.

活动现场 At the event venue





群贤毕至，共襄盛会

A Gathering of Experts and Practitioners

本次活动汇聚了消毒供应领域的多位专家与一线工作者，规格高、覆盖面广。四川大学华西口腔医院、成都市消毒协会副会长兼秘书长曾淑蓉教授，成都市龙泉驿区第一人民医院陈小斌副院长，护理部主任赖静，口腔科主任杨正祥，麻醉手术中心护士长陈洁，龙泉驿区消毒供应医疗质量控制中心专家杨雪梅、何晓华、张华、刘婉玲、吴洋、安利容等，成都市龙泉驿区第一人民医院各临床科室代表，区内 90 余家基层医疗机构、诊所的消毒供应负责人及代表 120 余人齐聚一堂，共话灭菌科学，共筑医疗安全防线。活动现场还组织了集体合影留念、嘉宾签到等环节，氛围庄重而热烈。

The event brought together experts and professionals in sterile supply. Attendees included Zeng Shurong, Vice President and Secretary-General of the Chengdu Disinfection Association; Chen Xiaobing, Vice President of the First People's Hospital of Longquanyi District Chengdu; Lai Jing, Director of the Nursing Department; Yang Zhengxiang, Director of the Stomatology Department; Chen Jie, Head Nurse of the Anesthesia and Surgical Center and General Surgery Department; along with experts Yang Xuemei, He Xiaohua, Zhang Hua, Liu Wanling, Wu Yang and An lirong from the Longquanyi district CSSD quality control center. Representatives from clinical departments across the hospital, together with leads and delegates from over 90 primary healthcare institutions and clinics in the district, were also in attendance. In total, more than 120 participants gathered to exchange ideas on sterilization science and to promote safer healthcare practices. The program also included a group photo session and guest registration.

集体合影留念 Group Photo



会议签到 Registration





领导致辞：初心如磐，使命在肩

Opening Remarks: Commitment and Responsibility

活动由龙泉驿区消毒供应医疗质量控制中心主任，龙泉驿区第一人民医院消毒供应中心护士长赵春主持。首先，龙泉驿区第一人民医院陈小兵副院长致欢迎辞，他着重强调消毒供应中心作为医院感染防控的“心脏”与“堡垒”，其工作质量直接关系到患者安全与医疗质量，是医疗安全链条中不可或缺的重要环节。随后，曾淑蓉教授发表致辞，她结合自身多年行业经验，寄语全体消供人要以科学为盾、以规范为尺，坚守职业初心，精进专业能力，持续推动区域消毒供应事业高质量发展。

The event was hosted by Zhao Chun, Head Nurse of the CSSD and Director of the Longquanyi District CSSD Quality Control Center. In his welcome address, Vice President Chen Xiaobing emphasized that the CSSD serves as a critical component of infection prevention and control, with its work directly impacting patient safety and healthcare quality. Professor Zeng Shurong also delivered remarks, encouraging professionals in the field to stay grounded in science and standards, continuously refine their expertise, and support the sustained development of sterile supply.



赵春护士长围绕科室布局、人员梯队建设、先进设施设备、学科发展现状，作了系统全面的科室介绍，让与会者对消毒供应中心的整体工作有了清晰认知。随后，大家共同观看了科室宣传片《看不见的守护，看得见的安全》，影片中，一幕幕严谨规范的操作流程、一张张专注坚守的面孔，生动展现了消供工作的细节与温度，让与会者深刻感受到消供人“于无声处见真章”的专业精神与责任担当。

Head Nurse Zhao Chun presented an overview of the department, covering its layout, human resource, equipment, and current development. A video, “Invisible Protection, Visible Safety,” was also shown, offering a closer look at daily operations and highlighting the precision and dedication behind CSSD work.



专家授课：风险透视与防控之道

Expert Lecture: Managing Risks in Practice

本次活动特别邀请曾淑蓉教授带来题为《口腔诊疗机构器械风险管理与应对策略》的专题讲座。授课过程中，曾淑蓉教授以真实发生的口腔诊疗医院感染案例为切入点，深刻揭示了口腔器械管理中潜藏的各类高风险环节，引发全体参会人员的高度重视。同时，她创新性地提出“口腔诊疗器械风险防控管理四步曲”，结合国家相关规范与行业标准，对口腔器械规范处理的关键环节、操作要点进行了逐项精讲，为参会者提供了可操作、可落地的实践指南，现场嘉宾专注聆听、认真记录，收获颇丰。

Professor Zeng Shurong delivered a lecture titled “Risk Management and Response Strategies for Dental Instruments.” Using real-world infection cases as examples, she highlighted key risk points in dental instrument management. She also introduced a four-step approach to risk control, providing practical guidance aligned with current standards and regulations. The session was well received, with participants actively engaged throughout.

曾淑蓉教授授课 Zeng Shurong's Lecture



来宾专注聆听授课

Participants fully engaged



交流座谈：经验共享，智慧碰撞

Discussion: Sharing Experience, Exploring Solutions

座谈交流环节由消毒供应中心教学组长曾燕主持，围绕“无菌物品规范化管理”“无菌物品有效性识别”“器械处理时间轴”“外包送消管理经验分享”四大核心主题展开。来自各医疗机构及临床科室的代表踊跃发言，结合自身工作实际，分享实操经验、提出工作困惑、探讨解决对策。龙泉驿区消毒供应医疗质量控制中心专家针对大家提出的重点、难点问题，逐一进行精准解答、耐心指导，现场讨论热烈，学术氛围浓厚，真正实现了“经验共分享、交流促成长”的初衷。

The discussion session, led by Zeng Yan, focused on four core topics: standardized management of sterile items; verification of sterile integrity; timelines in instrument reprocessing; and management of third-party instruments for reprocessing. Participants from different institutions shared experiences, raised practical challenges, and discussed possible solutions. Experts from the Longquanyi District CSSD Quality Control Center provided targeted responses, creating a highly interactive and productive exchange.



现场展示：走近器械，触摸标准

On-site Demonstration: Bringing Standards into Practice

为了让参会嘉宾更直观地了解消毒供应工作，活动现场设置了三个专题展台，集中展示了清洗、消毒、灭菌、监测等各类耗材及不同类型的手术器械，便于大家近距离观察、交流。随后，在消毒供应中心工作人员的全程陪同下，参会嘉宾实地参观了消供中心各工作区域，详细了解了环境布局、设施设备运行情况及各环节工作流程。期间，科室外来外包管理员练洁现场演示了封闭式包装与密封式包装操作技术，规范娴熟的动作、严谨细致的态度，赢得了嘉宾们的一致认可，练洁还与区域内参会老师围绕操作技巧展开深入交流，分享实操经验。

To provide a more comprehensive perspective, three display stations were set up, showing cleaning, disinfection, sterilization, and monitoring materials, as well as a variety of surgical instruments. Participants then visited the CSSD under staff guidance, gaining insight into facility layout, equipment, and reprocessing processes. During the visit, Lian Jie demonstrated closed and sealed packaging techniques. Her precise and consistent practice drew strong interest, and she further engaged with participants in discussion and experience-sharing.





嘉宾留言：无声守护，有痕感动

Participant Messages: Quiet but Meaningful Work

参观结束后，多位来自外包单位的老师留下了真挚的参观感受与宝贵建议。大家纷纷表示，本次开放日活动内容充实、实用性强，让大家对消毒供应工作有了更深刻的认识，希望今后能有更多类似的学习交流机会，共同提升专业能力。其中一位老师的留言令人动容，他写道：“筑无菌屏障，护生命之光；于无声处听惊雷，于细节处见真章。看见看不见的守护——每一台手术，我们都不曾缺席；致敬每一位幕后的追光者。”这番话，道出了所有消供人的初心与荣耀，也传递出对消供工作的理解与敬意。

Following the visit, participants shared feedback and suggestions. Many noted that the event was practical, informative, and valuable for improving professional understanding. One participant left a particularly moving note:

“We build a sterile barrier to protect every life.

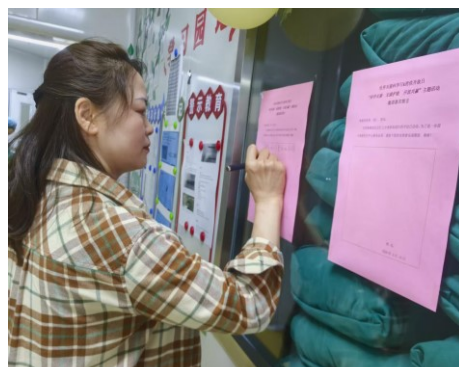
True expertise is often unseen—but revealed in every detail.

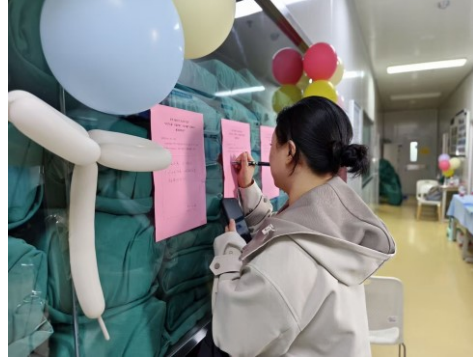
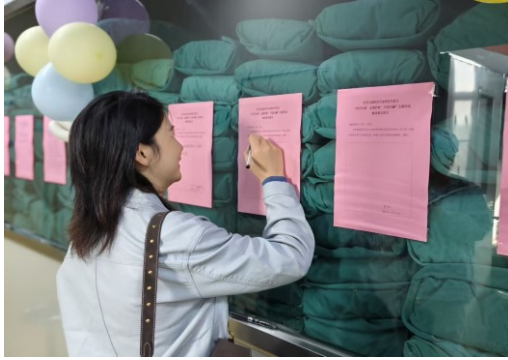
This is protection you may not notice, yet it is always there.

Behind every surgery, we are present.

To all those working quietly behind the scenes—this is for you.”

These messages captured both the professionalism and the dedication behind CSSD work.





世界灭菌科学日&消供开放日
“科学灭菌 无菌护航 开放共赢”主题活动
邀请嘉宾留言

尊敬的领导、同仁、朋友：
非常感谢您在百忙之中来参加我们的开放日活动，为了进一步提升消毒供应中心服务品质，请留下您的宝贵意见或期望，谢谢！

“一科一品”：优化服务
走进科室，开放共赢。
携手协作，协同共进。
科学灭菌，无菌护航。
第100号灭菌科室，消毒可敬日
圆满成功！
为友邦医院人民医院之消毒供应中心
为友邦医院消毒供应中心量轻副如
点赞！点赞！！点赞!!! 曹海云

2026年4月14日

世界灭菌科学日&消供开放日
“科学灭菌 无菌护航 开放共赢”主题活动
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筑无菌屏障，护生命之光
于无声处听惊雷，于细节处见真章
看见看不见的守护！

姓名：刘加东
2026年4月14日

世界灭菌科学日&消供开放日
“科学灭菌 无菌护航 开放共赢”主题活动
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向优秀致敬学习。

姓名：杨伟
2026年4月14日

世界灭菌科学日&消供开放日
“科学灭菌 无菌护航 开放共赢”主题活动
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致敬我们幕后的追光者
每一台手术我们都不曾缺席！
消毒供应无小事

姓名：杨伟
2026年4月14日

结语：以无菌之名，赴守护之约

Conclusion: Advancing Sterilization Safety Through Science

本次灭菌科学开放日的成功举办，不仅揭开了消毒供应中心工作的“神秘面纱”，更在科室之间、机构之间架起了理解与信任的桥梁，让“感控护航，安全第一”的理念深入人心，也向社会和同行展示了消供人严谨、专业、负责的职业风貌。

The Open Day not only provided greater transparency into CSSD operations, but also strengthened understanding and trust across departments and institutions. It reinforced the importance of infection prevention and demonstrated the professionalism and responsibility of CSSD teams.

未来，龙泉驿区第一人民医院消毒供应中心将继续以科学为根基、以标准为准则、以患者为中心，用扎实的行动和持续的精进，为临床提供安全、高效、优质的无菌物品供应，为医院医疗质量与患者生命安全筑起一道坚不可摧的防线，以实际行动践行“科学灭菌、无菌护航、开放‘供’赢”的初心，守护每一位患者的生命健康。

Looking ahead, the CSSD of the First People's Hospital of Longquanyi District Chengdu will continue to center its work on patient safety, guided by science and clear standards. By refining its practices and working closely with clinical teams, it will deliver reliable and efficient sterile supply services that support safe, high-quality care.