

科学灭菌·无菌护航·开放“供”赢

Scientific Sterilization · Ensuring Safety · Open CSSD, Shared Excellence

——兰州大学第一医院消毒供应中心举办第四届“世界灭菌开放日”活动

4th International Day of Sterilisation Sciences: CSSD Open Day Event

Held at the First Hospital of Lanzhou University

为响应世界灭菌科学日中华护理学会消毒供应中心专业委员会科普联动号召，4月10日，兰大一院消毒供应中心举办第四届“世界灭菌开放日”主题活动，本次活动以“科学灭菌·无菌护航·开放‘供’赢”为主题，邀请护理部副主任、临床教务处学生管理科副科长、消供片区护士长及兰州大学第一临床医学院2024级临床3班全体学生、兰大一院第二党总支行政第六党支部部分党员30余人参加，旨在搭建专业交流与实践教学平台，助力临床医学生筑牢无菌安全理念。

In response to the outreach initiative of the CSSD (the Central Sterile Supply Department) Professional Committee of the Chinese Nursing Association for the International Day of Sterilisation Sciences, The CSSD of The First Hospital of Lanzhou University held the Fourth CSSD Open Day event on April 10. Under the theme “Scientific Sterilization · Ensuring Safety · Open CSSD, Shared Excellence,” the event brought together more than 30 participants, including representatives from the Nursing Department, Deputy Chief of Student Management Section, Clinical Teaching Affairs Office, CSSD head nurses, all students from Class 3 (Grade 2024), Clinical Medicine program at the Lanzhou University, as well as members of the Sixth Administrative Party Branch of the Second General Party Branch of the hospital. The event aimed to build a platform for professional exchange and practical medical education, helping medical students strengthen their understanding of sterile safety.

活动由消毒供应中心护士长纪元春主持，护理部副主任付晓燕为活动致辞，临床教务处学生管理科副科长李雪斐讲话，对医学生早期接触临床、建立无菌观念、强化院感防控意识给予高度肯定，并强调灭菌安全是医疗质量与患者安全的基石，鼓励同学们将规范意识根植于心，为今后临床工作打下坚实基础。

The event was hosted by CSSD Head Nurse Ji Yuanchun. Fu Xiaoyan, Deputy Director of the Nursing Department, delivered the opening speech. Li Xuefei, Deputy Chief of Student Management Section, Clinical Teaching Affairs Office, highlighted the development of sterile practice and infection prevention and control awareness. She emphasized that sterilization is a cornerstone of healthcare quality and patient safety, and encouraged students to integrate standardized practice into their professional mindset to build a strong foundation for future work.





消毒供应中心副护士长马娟珍以《科学灭菌，无菌护航》为主题，介绍了消毒供应中心工作全流程、各类灭菌方式及灭菌质量监测要点，让同学们直观理解清洗是基础、包装是关键、灭菌是核心、监测是保障的专业内涵，清晰认识到消供工作与临床诊疗、手术安全、院感防控密不可分。

Ma Juanzhen, Deputy Head Nurse of the CSSD, delivered a lecture titled “Scientific Sterilization, Ensuring Safety.” She outlined key aspects of sterile supply operations, including sterilization methods and monitoring requirements. She highlighted that cleaning is the foundation, packaging is the key step, sterilization is the critical process, and monitoring provides the final assurance. The session reinforced the connection between CSSD practices and clinical care, surgical safety, and infection prevention and control.



随后，全体人员走进消毒供应中心工作区域实地参观，观摩可复用器械从回收、分类、清洗、消毒、检查、包装、灭菌到储存发放的标准化闭环流程，并在工作人员指导下体验手术器械辨识、敷料包装等实操内容。通过看流程、学规范、亲手做，同学们真正把“无菌观念”从课本知识转化为直观认知。

Participants then visited the CSSD to observe the standardized reprocessing procedures of reusable medical devices, including collection, sorting, cleaning, disinfection, inspection, packaging, sterilization, storage, and distribution. Under staff guidance, students also took part in hands-on practice, including surgical instrument identification and surgical pack preparation. Through observation and hands-on experience, students translated theoretical concepts of sterile practice into a more concrete and practical understanding.





参观结束后召开总结交流会，同学们踊跃分享学习心得，此次开放日活动以实践强认知、开放促交流，让医学生在进入临床前就建立起严谨的无菌意识、规范的操作意识、强烈的安全意识，有效拉近了基础医学与临床消毒专业的距离，既提升了青年学子对医疗安全链条的理解，也为医院培养高素质、严标准、强责任的医学人才夯实根基。

After the visit, students took part in a reflection session to share their experiences. The Open Day provided a meaningful learning opportunity through both observation and hands-on practice, helping students better understand sterile safety, standardized procedures, and patient safety before entering clinical practice. It also bridged the gap between classroom learning with CSSD practices, offering a more complete understanding of the healthcare safety chain and supporting the development of future clinicians with strong safety awareness and practical skills.



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