

科学灭菌 无菌护航 开放“供”赢

成都医学院第一附属医院消毒供应中心第十届“世界灭菌科学日·消 供开放日”系列活动圆满举办

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Scientific Sterilization · Ensuring Safety · Open CSSD, Shared Excellence

10th International Day of Sterilisation Sciences: CSSD Open Day Event Held at the
First Affiliated Hospital of Chengdu Medical College

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以灭菌守初心，以专业护安康。2026年4月10日，“世界灭菌科学日”如期而至，全球医疗界共赴这场守护生命安全的盛会。成都医学院第一附属医院消毒供应中心循光而行、践责致远，以“科学灭菌 无菌护航 开放‘供’赢”为核心理念，圆满举办第十届“消供开放日”系列活动。活动以强专业、促交流、树信任为目标，深耕灭菌科学领域，通过“专家授课+技能展示+实地参观”的多元形式，全方位、多角度展现消毒供应工作的专业性与规范性，为筑牢医疗安全防线注入力量，同时搭建起行业互通、科室联动的坚实沟通桥梁。

The International Day of Sterilisation Sciences brought together the global healthcare community in a shared commitment to patient safety. On April 10, 2026, the Central Sterile Supply Department (CSSD) of The First Affiliated Hospital of Chengdu Medical College hosted its 10th CSSD Open Day event under the theme “Scientific Sterilization · Ensuring Safety · Open CSSD, Shared Excellence.” The program focused on strengthening professional practice, promoting exchange, and building trust. Through a combination of expert lectures, skills demonstrations, and on-site visits, the event showed the standardized and highly specialized CSSD operations while encouraging closer collaboration across departments and institutions.



一、专家引领，赋能专业成长

Expert Session

活动特邀成都市消毒协会秘书长曾淑蓉、新都区消毒供应医疗质量控制中心主任李晓凤进行专题授课。围绕复用器械预处理、消毒供应护理文书规范化等核心议题，两位专家结合实际案例与前沿理念，为来自新都周边地区的消供同仁及临床医护人员带来了一场高水平、实用性强的专业培训，切实提升了区域消毒供应队伍的专业素养。

The event invited speakers including Zeng Shurong, Secretary-General of the Chengdu Disinfection Association, and Li Xiaofeng, Director of the Xindu District CSSD Quality Control Center. Focusing on key topics such as pre-treatment of reusable medical devices and standardized documentation in CSSD, both speakers combined real-world cases with available best practices. This session contributed to strengthening professional capacity among CSSD personnel and clinical staff across the region.



二、技能亮剑，展现实力风采

Skills Demonstration

在技能展示环节，四川省硬式内镜包装技术竞赛冠军、我院消毒供应中心护士董尚花，现场演示了硬式内镜包装技术。她操作精准、动作流畅，充分展现了科室在专业技术上的扎实功底与领先水平，赢得现场阵阵掌声，也生动诠释了“匠心守护无菌”的职业精神。

During the skills demonstration session, Dong Shanghua, champion of the Sichuan Rigid Endoscope Packaging Competition and a CSSD nurse at the hospital, presented a live demonstration of rigid endoscope packaging techniques. Her proper and efficient technique highlighted the team's technical expertise, offering an example of best practice in action.



三、沉浸参观，揭秘“无菌蜕变”

Guided Tour: From Contamination to Sterility

在参观交流环节，嘉宾们走进消毒供应中心三大核心区域——去污区、检查包装及灭菌区、无菌物品存放区，沉浸式观摩污染器械回收、清洗消毒、质量追溯、灭菌监测等全流程操作。从“污染”到“无菌”的每一道工序都严谨可控、有据可查，让嘉宾们深刻感受到消毒供应工作背后的科学逻辑与责任担当，打破了对“幕后科室”的传统认知。

Participants were guided through the CSSD's three core functional areas—the decontamination area, the inspection, packing and sterilization area, and the sterile storage area. The tour provided a close look at the reprocessing procedures, including collection, cleaning and disinfection, quality tracking, and sterilization monitoring. Each step demonstrated a controlled and traceable process, giving participants a deeper understanding of the scientific principles and reliability underlying CSSD practice.



四、以开放促协作，以专业护安全

Collaboration to Support Safe Practice

此次开放日活动，不仅搭建了消毒供应中心与临床科室、区域同行之间的高效沟通平台，也增强了临床科室对消毒供应工作的理解与支持。同时，也进一步凝聚了科室团队的凝聚力与向心力，为后续工作的持续优化奠定了坚实基础。

The Open Day event created an effective platform for communication between the CSSD, clinical departments, and regional peers. It strengthened mutual understanding and support, while also reinforcing collaboration within the department.

初心如磐，使命在肩。未来，成都医学院第一附属医院消毒供应中心将持续优化标准化流程，不断精进专业技术，以更坚实的保障践行“无菌护航”的庄严承诺，为医疗安全贡献消供力量。

Looking ahead, the CSSD will continue to refine standardized procedures and strengthen technical expertise, maintaining a strong focus on quality and safety in support of clinical care.

