

# 科学灭菌·无菌护航·开放“供”赢

## 第十届“世界灭菌科学日·消供开放日”系列活动

Scientific Sterilization · Ensuring Safety · Open CSSD, Shared Excellence

10th International Day of Sterilisation Sciences: CSSD Open Day Event

Held at the Sichuan Tianfu New Area People's Hospital

投稿 | 四川天府新区人民医院消毒供应中心护士长 孟羽

By: Meng Yu from the Sichuan Tianfu New Area People's Hospital

世界灭菌科学联盟（WFHSS）将每年4月10日定为“世界灭菌科学日”，旨在号召全球医院消毒供应中心广泛宣传复用医疗器械再处理全过程及灭菌科学相关知识，通过培训、参观、互动沟通等多种形式，加深各界对消毒供应中心的认知，持续提升无菌物品供应的安全性与其有效性。

The World Federation for Hospital Sterilisation Sciences (WFHSS) has designated April 10 each year as the International Day of Sterilisation Sciences. The initiative encourages CSSDs worldwide to raise awareness of the reprocessing procedures for reusable medical devices and the principles of sterilization science. Through activities such as training, on-site visits, and interactive exchange, it seeks to deepen understanding of CSSD and to improve the safety and effectiveness of sterile supply.

为积极响应这一号召，4月10日，由四川天府新区消毒供应医疗质量控制中心、四川天府新区护理质量控制中心、四川天府新区医院感染质量控制中心联合主办，四川天府新区人民医院承办，成都市消毒供应医疗质量控制中心、中国卫生监督协会消毒与感染控制专业委员会基层医疗机构消毒供应工作组协办的2026年成都市继教实践活动（项目编号C26-01-114050131）——“世界灭菌科学日”科普培训活动顺利落幕。

In response to this initiative, an educational training event for the International Day of Sterilisation Sciences was successfully held on April 10 as part of the 2026 Chengdu Continuing Education Program (Project No. C26-01-114050131) at the Sichuan Tianfu New Area People's Hospital. This event was jointly organized by the Sichuan Tianfu New Area CSSD Quality Control Center, the Nursing Quality Control Center, and the Infection Control Quality Control Center, with support from the Chengdu CSSD Quality

2026.04.10 第十届  
INTERNATIONAL DAY OF STERILIZATION SCIENCE 2026  
世界灭菌科学日  
消供开放日

科学灭菌 无菌护航 开放“供”赢

联合主办：四川天府新区消毒供应医疗质量控制中心  
四川天府新区护理质量控制中心  
四川天府新区医院感染医疗质量控制中心  
承办：四川天府新区人民医院  
协办：成都市消毒供应医疗质量控制中心  
中国卫生监督协会消毒与感染控制专业委员会基层医疗机构消毒供应工作组

Control Center and the CSSD Group of the Sterilization and Infection Control Professional Committee of the China Health Inspection Association.



本次活动以“科学灭菌·无菌护航·开放‘供’赢”为主题，创新融合现场参观、理论培训、科普宣讲、互动工作坊等多元形式，吸引了四川天府新区消毒供应及护理、院感质量控制中心专家，各基层医疗机构以及医院各临床科室医务人员共计 100 余人参与，切实达成“以学促知、以观促思、以练促行”的活动目标，赢得了全体参与者的广泛好评与高度认可。

The event was held under the theme “Scientific Sterilization · Ensuring Safety · Open CSSD, Shared Excellence,” and featured a mix of on-site tours, lectures, educational sessions, and interactive workshops. More than 100 participants attended, including experts from CSSD, nursing, and infection control quality control centers in the Sichuan Tianfu New Area, as well as staff from primary healthcare institutions and clinical departments across the hospital. By combining learning, observation, and hands-on practice, the program helped participants translate knowledge into practice and was widely well received.



开幕式  
Opening Ceremony



孟羽 护士长

Meng Yu

活动开幕式由四川天府新区消毒供应医疗质量控制中心主任、四川天府新区人民医院消毒供应中心护士长孟羽主持，她详细介绍了本次活动的举办目的、核心内容及重要意义，为活动开展奠定了清晰的基调。

The opening ceremony was chaired by Meng Yu, Director of the Sichuan Tianfu New Area CSSD Quality Control Center and Head Nurse of the CSSD at Sichuan Tianfu New Area People's Hospital. She outlined the objectives, key components, and significance of the event, setting a clear direction for the program.



李凤 书记

Li Feng

四川天府新区人民医院党委委员、纪委书记李凤出席开幕式并致辞，她代表医院党委，向莅临现场的各基层医疗机构及医院内部全体医务人员表示热烈欢迎和衷心感谢，对本次活动创新多元的举办形式给予了充分肯定。李凤强调，党建引领业务发展，在医院党委的坚强领导下，只要全体同仁凝心聚力、协同发力，就一定能将消毒灭菌工作做实、做细、做出品牌，为医院高质量发展筑牢最坚实的无菌安全底座。

Li Feng, Member of the Party Committee and Secretary of the Discipline Inspection Commission of Sichuan Tianfu New Area People's Hospital, attended the ceremony and delivered opening remarks. On behalf of the hospital's Party Committee, she extended a warm welcome and sincere thanks to participants from primary healthcare institutions and clinical departments across the hospital, and commended the event for its diverse and innovative format. Li Feng emphasized that strong organizational leadership is essential to advancing clinical practice. With collective effort and close collaboration, she noted, CSSD teams can continue to strengthen sterilization practices, enhance quality, and support the hospital's high-quality development by ensuring a robust foundation for sterile safety.

### 理论培训强根基，提质赋能促发展

#### Building Foundations Through Training, Enhancing Quality and Capacity



谢林峻 部长

Xie Linjun

四川天府新区护理质量控制中心主任、四川天府新区人民医院护理部部长谢林峻以《强基固本 提质赋能——基层医院护理学科建设思考》为题，结合基层护理工作实际，深入剖析了当前基层医院护理学科建设的重点、难点，分享了提质增效的实践路径与经验，为基层护理学科高质量发展提供了有力指导。

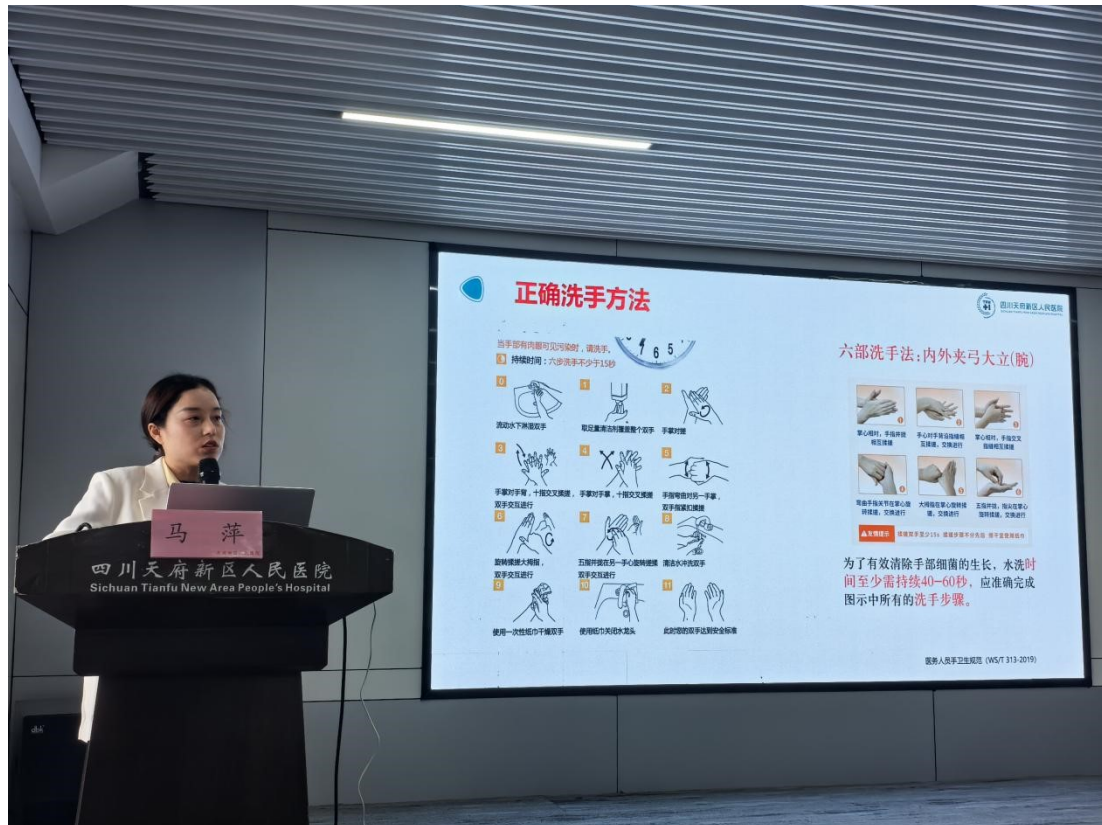
Xie Linjun, Director of the Nursing Quality Control Center of Sichuan Tianfu New Area and Head of the Nursing Department at Sichuan Tianfu New Area People's Hospital, delivered a presentation titled "Strengthening Foundations and Enhancing Capacity: Reflections on Nursing Discipline Development in Primary Healthcare Settings." Drawing on frontline experience, she analyzed key

priorities and challenges in developing nursing disciplines in primary hospitals and shared practical approaches to improving quality and efficiency.

## 科普宣讲传知识，筑牢防线守安全

### Spreading Knowledge Through Education, Strengthening Healthcare Safety

科普宣讲环节亮点纷呈，多位专家聚焦灭菌科学核心要点，带来了干货满满的专题分享。The education sessions featured a series of presentations on key aspects of sterilization science.



马萍 部长

Ma Ping

四川天府新区医院感染质量控制中心主任、四川天府新区人民医院院感部部长马萍以《从规范到行动、筑牢安全防线》为题，开展手卫生专题科普，详细讲解了手卫生的规范流程、重要意义及实操要点，引导全体参与者将手卫生规范内化于心、外化于行。

Ma Ping, Director of the Infection Control Quality Control Center of Sichuan Tianfu New Area and Head of the Infection Control Department at Sichuan Tianfu New Area People's Hospital, presented "From Standards to Practice: Strengthening Healthcare Safety," focusing on hand hygiene. She outlined standard procedures, highlighted its importance, and reviewed key points for practical implementation, encouraging participants to integrate best practices into daily work.



郑伟 副主任

Zheng Wei

四川天府新区消毒供应医疗质量控制中心副主任、四川省肿瘤医院消毒供应中心护士长郑伟围绕《常见化学消毒剂特性及应用》，结合临床实际案例，讲解了各类化学消毒剂的适用场景、使用方法及注意事项，助力参与者精准掌握消毒技术。

Zheng Wei, Deputy Director of the Sichuan Tianfu New Area CSSD Quality Control Center and Head Nurse of the CSSD at Sichuan Cancer Hospital, delivered a session on “Properties and Applications of Common Chemical Disinfectants.” Using clinical examples, he explained appropriate use and key precautions to support accurate and effective disinfection practices.



孟羽 主任

**Meng Yu**

四川天府新区消毒供应医疗质量控制中心主任、四川天府新区人民医院消毒供应中心护士长孟羽则以《复用器械预处理技术》为题，深入解读了复用医疗器械预处理的核心流程、关键环节及质量控制要点，为规范开展器械处理工作提供了专业指引。

Meng Yu, Director of the Sichuan Tianfu New Area CSSD Quality Control Center and Head Nurse of the CSSD at Sichuan Tianfu New Area People's Hospital, presented "Pretreatment of Reusable Medical Devices." She provided a detailed overview of key steps and quality control considerations, offering practical guidance for standardized reprocessing.

**实践工坊练本领，学以致用强实效**

**Developing Skills Through Practice, Turning Learning into Action**





实践工作坊环节秉持“动手实践、学以致用”的原则，以“腔镜器械包装操作”为核心专题，创新采用“演示+实操+讲解”的模式开展。参会人员先在学术厅集中观看腔镜器械包装标准操作演示，直观掌握操作规范；随后走进消毒供应中心，在工作人员的引导下，通过实地察看、专人讲解、互动交流等方式，全面、细致地了解了消毒供应中心复用医疗器械回收、清洗、消毒、灭菌、储存、发放的全流程。活动重点设置了实操体验环节，参会人员亲自动手操作径道检视仪检测管腔器械清洗质量、使用绝缘性能检测仪检测带电源器械功能质量，切实打破了理论与实践的壁垒，让参与者在沉浸式体验中拓宽专业视野、创新工作思维、积累实操经验，真正实现了“学用结合、知行合一”。

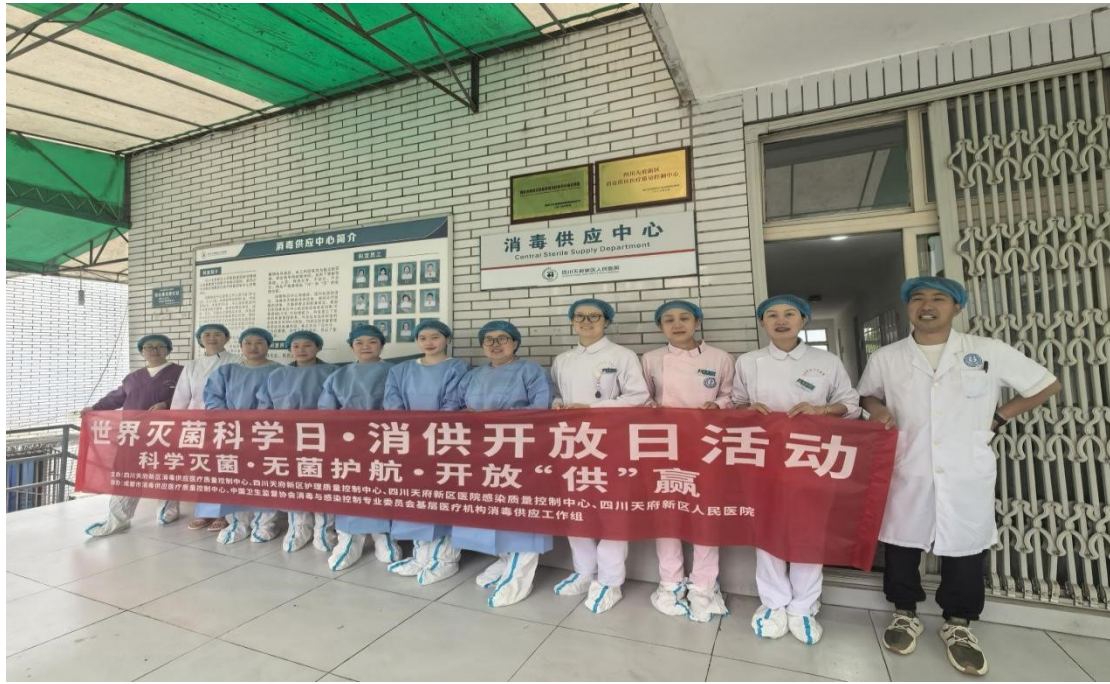
The workshop was designed around hands-on learning and practical application, focusing on the packaging of rigid endoscopes. It adopted a combined approach of demonstration, guided practice, and explanation. Participants first viewed a standard demonstration of rigid endoscope packaging in the lecture hall, gaining a clear understanding of proper techniques. They then visited the CSSD, where, under staff guidance, they observed the full workflow for reusable medical devices, including collection, cleaning, disinfection, sterilization, storage, and distribution. A key component of this session was hands-on practice. Participants used borescopes to assess the cleaning quality of lumen instruments and insulation testers to evaluate the functional integrity of powered instruments. This approach helped bridge the gap between theory and practice, allowing participants to broaden their professional perspective and build practical experience.





此次“世界灭菌科学日”科普培训活动，不仅为全体参与者搭建了一个高效的学习交流、实践提升平台，进一步凝聚了行业共识、汇聚了发展力量，更推动了灭菌科学知识的普及与传播，助力提升基层医疗机构消毒灭菌工作规范化水平。参与者纷纷表示，本次活动内容丰富、形式新颖、实用性强，既系统学习了灭菌科学相关知识，又提升了实操能力，希望未来能有更多此类多元化、专业化的活动，助力自身专业能力持续提升。

This training event for the International Day of Sterilisation Sciences provided an effective platform for learning, exchange, and practical skill development. It strengthened shared understanding across the field and supported the wider dissemination of sterilization science, contributing to more standardized practices in primary healthcare settings. Participants reported that the program was informative, well-structured, and highly practical. It not only enhanced their understanding of sterilization principles but also improved their hands-on skills. Many expressed interest in more events of this kind in the future.



每一把手术器械的安全，都承载着消毒供应中心团队的默默坚守与严谨匠心。他们身居幕后、心系临床，以专业与责任守护着每一件无菌物品的安全，为临床诊疗工作的顺利开展保驾护航。未来，四川天府新区人民医院消毒供应中心将继续以科学为舵、以规范为舟，坚守专业初心、强化责任担当，持续提升消毒灭菌工作质量，为临床提供更坚实、更安全的保障。同时，也将继续搭建学习交流平台，推动区域内消毒灭菌工作协同发展，携手全体同仁共同发力，为提升医疗质量、保障患者安全、推动医疗卫生事业高质量发展贡献力量！

The safety of every surgical instrument relies on the dedication and precision of CSSD professionals. With a strong sense of responsibility and professional expertise, they ensure the safety of sterile supplies and support clinical care. Looking ahead, the CSSD of Sichuan Tianfu New Area People's

Hospital will continue to uphold scientific principles and standardized practices, further improving the quality of sterile supply and providing strong support for clinical teams. It will also continue to promote professional exchange and regional collaboration, contributing to improved healthcare quality and patient safety.

2026 年 4 月 12 日

April 12, 2026